



## Resource Links for Patients who test Positive for COVID-19 or have COVID-19 Symptoms

If you have symptoms of COVID-19, you can assume you have COVID-19. Most people do not need to be tested to confirm, but you can use an at-home rapid test if you have access to one. In the majority of cases, people will recover from COVID-19 without medical care and can manage mild symptoms at home.

The links below will take you to the latest resources for managing COVID-19. Please contact your CVFP Health Team if you have any questions or concerns after you review the information from the web pages highlighted. We are here to support you.

Complete this online assessment to see if testing or talking with a health care provider is recommended for you:

<https://myhealth.alberta.ca/Journey/COVID-19/Pages/COVID-Self-Assessment.aspx>

General information about COVID-19 including caring for yourself and your family, self-monitoring, and close contact information:

<https://www.albertahealthservices.ca/topics/page17824.aspx>

Information to review if you qualify for COVID-19 treatments:

<https://www.albertahealthservices.ca/topics/Page17753.aspx>

If you have symptoms that are continuing beyond your initial COVID-19 infection, there is help. You can access self-help resources at:

<https://www.albertahealthservices.ca/topics/Page17397.aspx>

Information about COVID-19 vaccination including eligibility, vaccine information and booking tools:

<https://www.alberta.ca/covid19-vaccine>

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