

Resource Links for Patients who test Positive for COVID-19

The links below will take you to the latest Alberta Health information on COVID-19. Please contact your team if you have any questions or concerns. We are here to support you.

General information about COVID-19, including self-monitoring and the contact tracing notification process:

<https://www.albertahealthservices.ca/topics/Page16944.aspx>

How to manage symptoms at home and when to get help:

<https://myhealth.alberta.ca/Alberta/Pages/How-to-manage-symptoms.aspx>

[https://myhealth.alberta.ca/Alberta/Pages/Coronavirus-Disease-\(COVID-19\)-Care-Instructions.aspx](https://myhealth.alberta.ca/Alberta/Pages/Coronavirus-Disease-(COVID-19)-Care-Instructions.aspx)

There is increasing evidence that smoking cessation may help to reduce the impact of COVID-19. Information and support can be found at:

<https://www.albertaquits.ca/topics/smoking-vaping-covid-19>.